## Erasmus+ Youth in Action and personal development

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## A CONFIDENCE BOOST FOR YOUNG PEOPLE

Erasmus+ Youth in Action is the European Union's learning mobility programme for young people and youth work organisations, institutions and professionals. The programme promotes intercultural dialogue, non-formal learning, equity and inclusion¹. One specific objective is to strengthen the development and competences² of young people. Our research shows that Erasmus+ Youth in Action is successful in achieving this objective and contributes to "enabling young people to be architects of their own lives and support their personal development", one of the four overall objectives³ of the EU Youth Strategy 2019–2027.

34 COUNTRIES

The RAY Network is the open research network of National Agencies of the European youth programmes and their research partners.

## Effects on personal capacity and development

The majority of the 23.571 respondents confirm that through their participation in an Erasmus+ Youth in Action project they perceive the following effects on their personal capacity and development:





## Effects on professional capacity and development

The majority of the 23.571 respondents agree or strongly agree that through their participation in an Erasmus+ Youth in Action project they perceive the following effects on their professional pathways:





N = 23.571 participants. Surveys conducted from October 2017 to April 2018.

Österreichische Nationalagentur
Erasmus-Jugend in Aktion &
Europäisches Soldaritatskorp



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